

Help your  
students to be  
their best

## MENTOR TRAINING



Donate

Become A Mentor

Contact Us

### MENTOR Nebraska 2019 Training Opportunities

Check out additional training opportunities that will give you tools to utilize in your P4K mentoring experience.

#### *Trauma & Recovery 101:*

Trauma-informed mentoring is an approach to engage youth in mentoring relationships.

More details and register [HERE](#)



**MENTOR**  
NEBRASKA



**THE CENTER**  
FOR MINDFUL LIVING

### Mindfulness Training The Center for Mindful Living

The Art of Mindful Communication:  
An evening talk and/or daylong retreat with  
Oren Jay Sofer

- *Living Your Values*, Friday, June 14, 2019
- *Say What You Mean: Creating Meaningful Conversations Retreat*  
Saturday, June 15, 2019

Register [HERE](#)  
The Center for Mindful Living - [WEBSITE](#)

**Conversations about**

## Masculinity:

### How Mentors Can Support Young Men of Color

A research-backed and youth-informed guide to unpack the timely and critical topic of toxic masculinity. Our collective understanding of gender is evolving, and how we understand masculinity is evolving with it.

Guide available [HERE](#)



# NE PS

nebraska loves public schools

## Nebraska Loves Public Schools

### Video Playlist

Watch films exploring various topics that ultimately share why public schools matter. Here are a few we've found helpful in P4K Mentorship...

#### "Seeds of Hope"

Explores immigrant and refugee student's educational journey.

Watch [HERE](#)

#### "Standing up to Poverty"

Learn how schools provide hope to students living in poverty.

Watch [HERE](#)

Check out more films [HERE](#)

## Comments?

Click below to share your thoughts with us anonymously. We will bring your concerns to report back on a future E-Blast.

[Submit Comment](#)

